

Sacred Styles Questionnaire

Rate each statement on a scale of 1 to 5. 1 being the least true and 5 being the most true.

1. _____ I feel closest to God when I'm surrounded by what he has made – the mountains, the forests, or the sea.
2. _____ I enjoy when the church service engages my sense of smell, taste or touch: Such as candles, communion, and greeting people.
3. _____ The words *tradition* and *history* are very appealing to me.
4. _____ Taking an overnight retreat by myself at a monastery where I could spend large amounts of time alone in a small room, or praying to God and studying his Word, are activities I would enjoy.
5. _____ I would like to awaken the church from its apathy.
6. _____ I feel closest to God when I see him in the needy, the poor, the sick, and the imprisoned. I feel God's presence most strongly when I am sitting quietly beside the bed of someone who is lonely or ill or taking a meal to someone in need. You can count on me to offer a ride or volunteer to help.
7. _____ God is an exciting God, and we should be excited about worshiping him. I don't understand how some Christians can say they love God, and then act like they're going to a funeral whenever they walk into church.
8. _____ The words *lover*, *intimacy*, and *heart* are very appealing to me.
9. _____ I feel close to God when I participate in several hours of uninterrupted study time – reading God's Word or good Christian books and then perhaps having an opportunity to teach (or participate in a discussion with) a small group.
10. _____ I feel cut off if I have to spend too much time indoors just listening to speakers or singing songs. Nothing helps me connect with God better than being outside.
11. _____ I'd have a difficult time worshiping in a church building that is plain and lacks a sense of awe or majesty. I have a difficult time worshiping through second-rate Christian art or music.
12. _____ Participating in a formal liturgy, developing symbols that I could place in my car, home, or office, and developing a Christian calendar for our family to follow are activities that I would enjoy.
13. _____ I would really enjoy spending time on a night watch, taking a short vow of silence, simplifying my life.

14. _____ I connect with God best when I'm cooperating with him in world mission or standing up for just causes: Advocating for missionaries and unreached people groups, attempting to influence decision makers, mobilizing my small group to serve in the community, engaging with current societal issues.
15. _____ I grow weary of Christians who spend their time dressing up and singing songs while a sick neighbor goes without a hot meal or a family in need doesn't get help fixing their car.
16. _____ The words *celebration* and *joy* are very appealing to me.
17. _____ I really enjoy having thirty minutes of uninterrupted time a day to sit in quiet prayer and enjoying his presence.
18. _____ I spend more money on books than music.
19. _____ I would prefer to worship God by spending an hour beside a small brook than by participating in a group service.
20. _____ The words *sensory*, *colorful*, and *aromatic* are very appealing to me.
21. _____ I would really enjoy developing a personal rule (or ritual) of prayer.
22. _____ I feel closest to God when I am alone and there is nothing to distract me from focusing on his presence.
23. _____ I get either frustrated or energized if I see apathetic Christians who don't become active. I want to drop everything else I'm doing and help the church overcome its apathy.
24. _____ The words *service* and *compassion* are very appealing to me.
25. _____ I would enjoy attending a workshop on learning to worship through dance or attending long worship sessions with contemporary music. I expect that God is going to move in some unexpected way.
26. _____ When I think of God, I think of love, friendship, and adoration more than anything else.
27. _____ I connect with God best when I learn something new about him that I didn't understand before. My mind needs to be stimulated. It's very important to me that I know exactly what I believe.
28. _____ If I could escape to a garden to pray on a cold day, walk through a park on a warm day, and take a trip by myself to the mountains on another day, I would be very happy.
29. _____ I would really enjoy using drawing exercise or art to improve my prayer life.

30. _____ I feel closest to God when I'm participating in a familiar form of worship that has memories dating back to my childhood. Rituals and traditions move me more than anything else.
31. _____ I would describe my faith as more "internal" than "external."
32. _____ The words *courageous*, *missional* and *transformative* are very appealing to me.
33. _____ I sense God's power when I am counseling a friend who has lost a job, preparing meals for or fixing the car of a family in need, or spending a week at an orphanage in Mexico.
34. _____ I spend more money on music and worship cds than books.
35. _____ I would rather be alone with God, contemplating who he is, than participating in organized worship or being distracted by activity.
36. _____ I get frustrated when the church focuses too much on feelings and spiritual experience. Of far more importance is the need to understand the Christian faith and have proper doctrine.
37. _____ Seeing God's beauty in nature is more moving to me than understanding new concepts, participating in a formal religious service, or participating in causes.
38. _____ I feel closest to God when I'm in an environment that allows my senses to come alive – when I can see, smell, hear, and almost taste his majesty.
39. _____ Individualism within the church is a real danger. Christianity is a corporate faith, and most of our worship should have a corporate expression.
40. _____ The words *silence*, *solitude*, and *discipline* are very appealing to me.
41. _____ Activities like personally going on a mission trip, helping to solve a societal evil, volunteering on a political campaign or participating in community outreach are important to me.
42. _____ I would rather nurse someone to health or help someone repair their house than teach an adult Sunday school class, go on a prayer and fasting retreat, or take a lonely walk in the woods.
43. _____ I connect with God best when my heart is sent soaring and I feel like I want to burst, worship God all day long, and shout out his Name, Celebrating God and his love is my favorite form of worship.
44. _____ The most difficult times in my faith are when I can't feel God's presence within me.
45. _____ The words *concepts* and *truth* are very appealing to me.

Final Results

Naturalist (add 1,10,19,28, 37) score _____

Sensate (add 2, 11, 20, 29, 38) score _____

Traditionalist (add 3, 12, 21, 30, 39) score _____

Ascetic (add 4, 13, 22, 31, 40) score _____

Activist (add 5, 14, 23, 32, 41) score _____

Caregiver (add 6, 15, 24, 33, 42) score _____

Enthusiast (add 7, 16, 25, 34, 43) score _____

Contemplative (add 8, 17, 26, 35, 44) score _____

Intellectual (add 9, 18, 27, 36, 45) score _____